

Starters

Mac & Cheese 8.50

With bacon \$3, with kimchi \$2, with asparagus \$3.50, with crab \$4

Maryland Crab Dip 13

A creamy blend of cheeses, spices and crab meat

Chipotle Shrimp Skewers 13

Shrimp basted with smoked chipotle peppers over greens and presented with a garlic horseradish dipping sauce.

Hummus 10.75

A traditional blend of chick peas, Tahini and spices served with Pita bread, carrots and celery.

Warmed Brie 12.95

Accompanied by apples, grapes, crackers, baguette, almonds and whole grain mustard.

Artichoke & Spinach Dip 11.50

A creamy blend of cheeses, artichoke, spinach and spices.

Cheese and Pate du Jour 16

An international sampling of cheeses and Pâté. Served with apples, grapes, crackers, baguette and whole grain mustard.

Smoked Salmon 13

A twist on a classic offering. Atlantic smoked salmon served with pita wedges, pico de gallo and a scallion cream cheese spread.

Spicy Feta 49 11

Feta mixed with a blend of spices with a slight kick.. Served with pita wedges, carrot and celery sticks.

Chips and Salsa 7.25

Our house pico de gallo and chips.

Bruschetta 8.95

Our version of the Italian favorite. Olive oil brushed over our French baguette and topped with our pico de gallo salsa and shredded parmesan.

HAPPY HOUR STARTERS

Wine • Beer • Cocktails

25% off from 4-7 pm • M-F

Sandwiches

All sandwiches come with your choice of red potato salad, small green salad, or celery root salad or Add Fruit \$2.25, Add Caesar \$1.50, Add Spinach Salad \$2.

Grilled Cheese 8.50

With spinach or tomato add 1.50
With bacon add 2

Veggie Haven 10

Green bell peppers, carrots, mushroom, lettuce, tomato, onion, avocado, swiss cheese and a layer of hummus on toasted pita bread. Accompanied with our rosemary garlic dressing.

Coronation Curried Chicken Salad Sandwich 12

Our signature curried chicken salad served on a croissant.

Deli Roast Beef 10.95

Cold sliced roast beef served on baguette with creamy horseradish or herbal mayonnaise.

Rosemary Chicken 12

Marinated breast of chicken topped with cheddar and bacon served on foccacia bread. Offered with our garlic horseradish sauce.

Crabcake - Market Price

Jumbo lump crab cake served on a kaiser roll.

Pesto Tuna Steak 14.50

Sushi grade tuna seared then topped with pesto and dill Havarti cheese. Served on foccacia.

Melted Ham and Swiss 10.75

Virginia ham topped with melted swiss served on our marble rye bread and accented with Dijon mustard or grain

mustard.

Brian's Steak & Cheese 12.95

Thin sliced beef, sauteed mushrooms, onion & melted provolone served on a french baguette

Albacore Tuna Melt 10.50

Chunk white and light tuna tossed in our special herbed dressing topped with melted cheddar and served on our multi-grain bread.

Portabello Mushroom Sandwich 10

Marinated portobello mushroom with pesto, melted dill Havarti cheese served on a kaiser roll.

BLT 8.50

A classic served on our multi-grain bread.

Healthy Turkey 10.50

Sliced lean turkey breast with smoked gouda on sun-dried tomato foccacia accented with our grain mustard.

Crab and Shrimp Melt 13.75

Open faced with melted dill Havarti, slice of tomato and on an English muffin.

Half Sandwich & Bowl Of Soup 12.75

½ of SELECTED sandwiches and a bowl of soup du jour

EXCLUDES: Rosemary Chicken; Crabcake; Pesto Tuna; Crab and Shrimp Melt; Portabella Mushroom

Quiche

All served with a small green salad or Add Fruit \$2.25, Add Caesar \$1.50, Add Spinach Salad \$2
Special Quiche on weekends - ask server.

House made and golden brown. Your choice of:

Bacon Mushroom Swiss

10

Broccoli Cheddar

9.75

Crab Scallion

12

Salads / Soup

49 West Salad 11.50

Mixed greens, almonds, blueberries, jicama, cucumbers, tomato, red onion and garnished with a bit of gorgonzola cheese.

Spinach Salad 11

Baby spinach decorated with caramelized walnuts, red onions, goat cheese, tomato and strawberries.

Coronation Curried Chicken Salad 12

Shredded white chicken breast marinated in a mild curry chutney dressing. Accented with raisins, peas, bell peppers and served with apple slices and crackers.

Smoked Salmon Salad 13.50

Smoked salmon, mushrooms, bell peppers, bacon, capers, red onion, tomato, and cucumber over mixed greens.

Greek Salad 11

Mixed greens, feta, cucumber, tomato, red onions, pepperoncini and calamata olives served with a balsamic vinaigrette.

Classic Caesar 8.95

BLT Salad 10.95

A wonderful mix of crisp romaine, baby spinach, bacon, tomato and feta.

Crab Salad Nicoise 14.50

Marinated blend of crab, red bell pepper, onion and spices, served over mixed greens garnished with boiled potato, tomato, hard boiled egg.

Bowl of Soup 7 - 10

A constantly changing selection of unique and seasonal soups.

Ask your server for today's offerings.

Add to any salad: Citrus pepper chicken 4 Chipotle Shrimp 5.50 Steak or Ahi Tuna Steak 6 Salmon fillet 6
Our Dressings: Sun-dried tomato vinaigrette, Rosemary garlic vinaigrette, Blueberry pomegranate, Balsamic vinaigrette, Creamy ranch, Creamy bleu cheese, Caesar

Evening Offerings

Flat bread Pizzas

Available daily starting at 5 pm
 Add a small green salad to any entree 2.00

"In pizza we crust" 14.95

Inspired by the Musician Gingerwolf, pesto sauce, ahi tuna

Vegilicious 10.95

Broccoli, mushrooms, peppers, green onion & brushed with olive oil & garlic.

Chicken Portabella Gorgonzola 12.95

with a maranara sauce

Chorizo Sausage 12.95

With mushroom & red onion with an olive oil and garlic sauce

2 Tacos

Served with a cilantro/lime red cabbage slaw, pico de gallo & salsa. Choose from: Korean Bulgogi 9 Chicken 9

Chipotle shrimp 10.50

Salmon 49 23

Filet of Salmon seasoned with our spice seasoning & served w/black beans & rice, pico de gallo & seasonal vegetables

Basil Chicken Fettuccine 18.25

Marinated chicken, garlic, onion, coconut milk, basil, chili and vegetables served over fettuccine

Beef Tenderloin Medallions 24

Petit beef filets topped with portabella mushrooms and served with your preference of melted Gorgonzola cheese or with a balsamic reduction. Served with seasonal vegetables and roasted garlic rosemary potatoes.

Coffees / Beverages

Coffee (bottomless cup) 3.60 We proudly serve Rise up Coffee. We have a full service espresso bar and can make all of your favorites. All Coffees available iced, decaf and with flavor. And yes, we have soy and almond milk .50

Espresso (double) 2.60

Cappuccino 3.60

Café Latte 3.60

Café Mocha 4.10

Café Aulait 3

Chai Latte 3.60

Hot Chocolate & Steamers 3.25

Hot milk with a shot of your favorite syrup.

Cacao Tea 3.95

Organic and less caffeine than green tea. Full of magnesium, potassium & antioxidants. Great alternative to coffee.

Cup of Tea 2.95

Your choice of our loose leaves in an individual steeper.

Caffeinated: Earl Grey, English Breakfast, Irish Breakfast, Ceylon, Oolong, Gunpowder Green, Russian Caravan, Jasmine, Darjeeling, Raspberry, Black Currant, Yerba Mate

Decaffeinated: Chamomile, Lemon Grass, Hibiscus, Spearmint, Peppermint, Decaf Ceylon, Decaf Apricot

Fountain Soda 2.50

Coke, Diet Coke, Ginger Ale, Sprite.

Cranberry, Apple, Ruby Red Grapefruit or Tomato Juice 2.95

All prices subject to change.

An 18% gratuity will be added for parties of 6 or more.

Freshly Squeezed Orange Juice 3.50

Fresh Squeezed Lemonade 3.50

Made to order.

Italian Soda / Phosphate 2.95

Light flavored soda made to order caffeine free.

Available syrups: Vanilla, caramel, hazelnut, almond, Irish cream, mint, raspberry, peach, blackberry, & seasonal additions.

Sugar free options: Vanilla & hazelnut

Brewed Iced Tea 2.50

Regular or Spiced

Jarritos Soda 3.25

Reeds Extra Ginger Beer 3.25

Maine Organic Root Beer 3.25

Boylans Black Cherry Soda 3.25

Perrier Sparkling 3.25

Bottled Water 2.25

